



BSN Academic Regulation/Standard

Fitness to Practice

Definition

Students are expected to meet the standards for fitness to practice as outlined in The British Columbia College of Nurses and Midwives (BCCNM) Standard 1: Professional Responsibility and Accountability, Number 6: Maintains own physical, psychological and emotional fitness to practice (BCCNM, 2022).

Purpose

UBC Okanagan student nurses may experience health concerns that affect their skills, abilities and judgement. Students who are unwell may not be able to provide safe, competent nursing care. Students must recognize their own limitations, act professionally at all times, and take responsibility for ensuring continued competencies.

Process

1. Students must review the Fitness to Practice Resource, located at the following link **at the beginning of each semester:** <https://www.bccnm.ca/RN/PracticeStandards/Pages/communicablediseases.aspx>
2. Students are responsible to notify their practice teachers and/or the Associate Director of the School of Nursing as soon as possible if they determine that they are not fit to practice.
3. Further resources are available at the [UBC-O Campus Health and Wellness](#) and the [Disability Resource Centre](#)
4. Optional reading (“Caring for yourself”) is provided through the following link:
https://www.bccnm.ca/RPN/learning/professional/Pages/fitness_to_practice_selfcare.aspx
5. A student may be removed from a practice course if health-related and/or other problems render the student incapable of fulfilling the requirements of a practice course. A student who fails to meet these expectations may be subject to a Suitability Review